

University of Pretoria Yearbook 2017

Fundamental nutrition 152 (EXE 152)

Qualification Undergraduate

Faculty [Faculty of Humanities](#)

Module credits 6.00

Prerequisites No prerequisites.

Language of tuition Afrikaans and English is used in one class

Academic organisation Sport and Leisure Studies

Period of presentation Quarter 3

Module content

*Closed – requires departmental selection

*Offered by the Department of Human nutrition for the students in Biokinetics, Sport and Leisure sciences

Nutrition and health, digestion, absorption and metabolism, carbohydrates, fats, proteins, energy balance and weight management.

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